

Hilary Lee

Hilary Lee is director & President of Dementia Care International with a global focus on education, practice-based research and innovation.

Hilary works with international leaders in different fields to achieve their visions through implementing the *Spark of Life* Whole System and developing vibrant and inclusive communities around the world.

Hilary has a particular interest in understanding the science behind rehabilitation in dementia care and translating this into a form that makes sense to the general community.

Born in England and now living in Perth, Hilary studied Occupational Therapy in Oxford, England and has completed a Masters in Science researching the *Spark of Life* Club Program at Curtin University of Technology in Perth.

The Spark of Life Philosophy

Spark of Life is an internationally awarded pioneering philosophy to enrich human relationships and the culture of care provided through Dementia Care International. The *Spark of Life* Philosophy was founded by Jane Verity, also an occupational and family therapist, and further developed together with Hilary Lee.

The *Spark of Life* Philosophy originated in the field of dementia care and offers a gentle practical approach to ignite the human spirit, awaken dormant abilities and heal relationships.

The *Spark of Life* Philosophy is about redefining what it means to have dementia, opening up new possibilities for improvement. It is also about revitalizing the culture of care, enriching the quality of life for people with dementia and giving joy and renewed energy to careers.

The philosophy is now practiced in diverse cultures and fields in 11 countries.